

Pro Arte Centre Class Schedule 2018-19

MONDAY

	Grey Studio		Black Studio		Bay Studio		Fishbowl Studio		Grotto Studio
		12:45		12:45		12:45			
1:00	Private Coaching		Private Coaching		Private Coaching		Available for Private Coaching Guest & Pro Arte Faculty		Protégé Program
								Open Registration	
1:30	Protégé Program Inter/Advanced Technique Class	1:30	Protégé Program Advanced+ Technique Class	1:30	Accelerated Half Day Program Technique & Conditioning			By Invitation	
								Premium Class-Students Limited	
						3:15			
3:30	Private Coaching	3:30	Private Coaching	3:30	Private Coaching		HOOP Class - limited to 6 acro Burgundy + students		
								3:45	Primary Tap
4:00	Protégé Program Pointe Technique Inter/Advanced	4:00	Protégé Program Pointe/ Pas de Deux Advanced+	4:00	Accelerated Pointe (Inter/Adv)		AFSA Acrobatics Tan & Burgundy & Gold Must be able to go up and down from a backbend bridge		
									4:15
5:00	ISTD Advanced 1 Ballet Syllabus	5:00	ISTD Intermediate Ballet Syllabus	5:00	ISTD Modern Grade 5		AFSA Acrobatics Orange, Yellow & Silver		
								5:15	5:15
6:15	Pre- Protégé Ballet Technique Class B by invitation only Grade 4 - Inter F	6:30	ISTD Modern Syllabus Intermediate	6:15	Private Coaching		HOOP Class - limited to 6 acro Burgundy + students		
7:15	Private Coaching					7:15	Private Coaching	7:15	
7:45	Private Coaching	7:30	Private Coaching	7:30	Competitive Acro Must be Tan+	7:45	Private Coaching		Snr Jazz Technique Ages 13+
8:15			Private Coaching	8:15	AFSA Acrobatics Emerald, Red & Purple + Must be able to do Front And Back Walkovers	8:15		8:15	Private Coaching
		8:30						8:45	
				9:15					

Pro Arte Centre Class Schedule 2018-19

TUESDAY

	Grey Studio		Black Studio		Bay Studio		Fishbowl Studio		The Grotto Studio	
		12:45		12:45		12:45				
1:00	Private Coaching		Private Coaching		Private Coaching		Available for Private Coaching Guest & Pro Arte Faculty		Protégé Program	
									Open Registration	
1:30	Protégé Program Inter/Advanced Technique Class	1:30	Protégé Program Advanced+ Technique Class	1:30	Accelerated Half Day Program Technique & Conditioning				By Invitation	
										Premium Class-Students Limited
3:30	Private Coaching	3:30	Private Coaching	3:30	Private Coaching					
4:00	Protégé Program Pointe Technique Inter/Advanced	4:00	Protégé Program Pointe Technique Advanced+	4:00	Fundamental Pointe & Foot strength			4:00	Music School	
								4:30		Gr 2/3 Foot Conditioning & Flexibility
5:00	ISTD Intermediate Foundation Ballet Syllabus	5:00	Protégé Program Contemporary Technique Workshop	5:00	ISTD Ballet Syllabus Grade 3	5:00	ISTD Ballet Syllabus Grade 2			
		6:00		6:00	ISTD Ballet Syllabus Grade 4	6:00	PPP Level 2 Competitive Ballet Choreography	6:00		Junior Open Jazz Ages 9 - 12
6:30	ISTD Modern Syllabus Advanced 2 - thru to March only	6:15	PPP Level 4/ Protégé Contemporary Technique Workshop							
						7:00	ISTD Modern Grade 4			7:00
7:30	Private Coaching	7:30	Private Coaching			7:30		Adult Jazz		
8:00		8:00	Private Coaching	8:00	Private Coaching				8:00	Snr Lyrical Technique Ages 13+
		8:30		8:30						
						9:00		9:00		

Pro Arte Centre Class Schedule 2018-19

WEDNESDAY

	Grey Studio		Black Studio		Bay Studio		Fishbowl Studio		The Grotto Studio	
1:00	Private Coaching					1:00	Available for Private Coaching Guest & Pro Arte Faculty			
1:30	Character Dance/ Yoga / Nutrition/ Dance Science Ages 15+	1:30	Character Dance/ Yoga / Nutrition/ Dance Science 14 Ages 12 -						Protégé Program	
									Open Registration	
										Premium Class-Students Limited
2:30	Protégé Program Progressive Ball Technique/ Pilates Mat & Equipment Adv+	2:30	Accelerated Half Day Program Progressive Ball Technique/ Pilates Mat & Equipment	2:30	Protégé Program Progressive Ball Technique/ Pilates Mat & Equipmen Inter/Adv					
3:30	Private Coaching	3:30	Private Coaching	3:30		3:30				
4:00	Protégé Program Inter/Advanced Technique Class	4:00	Protégé Program Advanced + Technique Class	4:00	Major Open Ballet Technique Class	4:00	Grade 3/4/Inter Foundation Progressive Ball / Pilates Matwork & Stretch	4:00	Music School	
										5:15
5:30		Protégé Program Pointe/ Repertoire / Pas de Deux Advanced+		5:30		Protégé Program Pointe/ Repertoire / Pas de Deux Inter/Advanced	5:30	Major Open Contemporary Ballet Pointe Technique		6:15
6:30	ISTD Advanced 2 Ballet Syllabus - thru to March only		6:30	Private Coaching	6:30		PPP Level 4 Contemporary Choreography			7:15
			7:00	Private Coaching						
7:30	Private Coaching	7:30		7:30		7:45				
8:00								8:00		

Pro Arte Centre Class Schedule 2018-19

THURSDAY

	Grey Studio		Black Studio		Bay Studio		Fishbowl Studio		The Grotto Studio	
		12:45		12:45						
1:00	Private Coaching		Private Coaching		Private Coaching	1:00	Available for Private Coaching Guest & Pro Arte Faculty		Protégé Program	
									Open Registration	
1:30	Protégé Program Inter/Advanced Technique Class	1:30	Protégé Program Advanced+ Technique Class	1:30	Accelerated Half Day Program Technique & Conditioning				By Invitation	
										Premium Class-Students Limited
3:30	Private Coaching	3:30	Private Coaching	3:30	Private Coaching	3:30				
4:00	Protégé Program Pointe Technique/ Variations Inter/Adv	4:00	Protégé Program Pointe Technique/ Variations Advanced+	4:00	Accelerated Pointe and Variations (Inter/Adv)	4:00	Tap 3	4:00	Music School	
5:00	ISTD Modern Syllabus Advanced 1	5:00	Progressive Ball Technique	5:00	Junior Open Hip Hop Ages 9 - 12	5:00	Competitive Tap Must be Tap 2 or 3			
6:00	PPP Level 4 Competitive Classical & Contemporary Ballet Choreography	6:00	Private Coaching	6:00	Junior Competitive Jazz Technique & Choreography Ages 9 - 12	6:00	Private Coaching			
		6:30	Private Coaching			6:30	Private Coaching			
7:00	Private Coaching	7:00	Senior Competitive Jazz/Lyrical Technique	7:00	Private Coaching	7:00	Private Coaching			
7:30	Private Coaching				7:30	Private Coaching	7:30	Private Coaching		
8:00		8:00	Senior Open Hip Hop Ages 13+	8:00	Private Coaching	8:00	Private Coaching	8:00		
					8:30		8:30			
		9:00								

Pro Arte Centre Class Schedule 2018-19

Friday										
	Grey Studio		Black Studio		Bay Studio		Fishbowl Studio		The Grotto Studio	
		12:45		12:45						
1:00	Private Coaching		Beverley Bagg Private Coaching		Private Coaching	1:00	Available for Private Coaching Guest & Pro Arte Faculty		Protégé Program	
									Open Registration	
1:30	Protégé Program Inter/Advanced Technique Class	1:30	Protégé Program Advanced+ Technique Class	1:30	Accelerated Half Day Program Technique & Conditioning				By Invitation	
										Premium Class-Students Limited
4:00	RAD Syllabus Advanced 1	3:30	Beverley Bagg Private Coaching	3:30	Private Coaching	3:30	Private Coaching			
			4:00	Protégé Program Intensive Foot Strength & Progressions for pointe & jump technique Inter/Advanced	4:00	Pre- Protégé Ballet Technique Class A by invitation only Grade 4 - Inter F		4:00	Music School	
						4:30	Gr 1/2/3 Dance Conditioning & Flexibility			
5:00	RAD Syllabus Intermediate	5:00	PPP Level 3 Competitive Ballet Choreography	5:00	ISTD Modern Syllabus Grade 3	5:00	ISTD Ballet Grade 1			
			6:00	ISTD Ballet Syllabus Grade 4	6:00	Private Coaching	6:00	Gr 2/3 Unset Ballet Technique		
6:30	Private Coaching			6:30	Private Coaching					
7:00	Private Coaching	7:00	Private Coaching	7:00	Private Coaching	7:00	Private Coaching			
7:30		7:30		7:30		7:30				
							8:00			

Pro Arte Centre Class Schedule 2018-19

SATURDAY

Grey Studio		Black Studio		Bay Studio		Fishbowl Studio		The Grotto Studio	
									Protégé Program
									Open Registration
									By Invitation
									Premium Class-Students Limited
		9:30	Montana Moore Private Coaching	9:30		9:30		9:30	
9:45	Grade 4/ Intermediate Open Ballet Technique	10:00	Senior Competitive Jazz/Lyrical Warm-up Lyrical Technique & Choreography		ISTD Ballet Grade 2		ISTD Ballet Syllabus Grade 3		Music School
		10:30	Senior Competitive Lyrical Choreography	10:30	ISTD Ballet Primary	10:30	ISTD Modern Grade 2		
11:00		Grade 4/ Int F Foot Conditioning & Pointe/ Pre Pointe	11:15	Senior Competitive Jazz Choreography					
11:30	PPP Level 3 Classical Repertoire Variations			11:30	ISTD Ballet Grade 1	11:30			
						11:45	PPPL Level 2 Contemporary/Modern Choreography	11:45	ISTD Grade 1 Modern
12:00	Private Coaching	12:00	Montana Moore Private Coaching						
12:30	Private Coaching	12:30	Montana Moore Private Coaching						
				12:45	PPP Level 1 Ballet Choreography	12:45	Private Coaching	12:45	Junior Competitive Lyrical Technique & Choreography Ages 9 - 12
1:00	Private Coaching	1:00	Private Coaching				1:15	Private Coaching	
1:30	Private Coaching	1:30	Private Coaching	1:30	Private Coaching	1:45	Private Coaching	1:45	
2:00	Private Coaching	2:00	Private Coaching	2:00	Private Coaching	2:15	Private Coaching		
2:30		2:30		2:30	Private Coaching	2:45	Private Coaching		Music School
				3:00	Private Coaching	3:15			
				3:30					